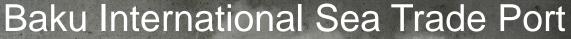
## Corporate Kitchen

Cooperation and Communication Team Building



SHAMAKHI PALACE

SHARADIL



in association with Chef Vusal Talibzade

(Honored member of Azerbaijan Culinary Specialists Association)



IN THE FRAMES OF "PORT COMMUNITY CARE" PROJECT

WITH BEST CHEFS OF CUISINE OF AZERBAIJAN

Every Saturday and Sunday SHAMAKHI/AZERBAIJAN

"Baku International Sea Trade Port" QSC

Baku city., Nasimi district. U. Hajibayov street 72

Baku, Azerbaijan, AZ1010 Tel: (+994 12) 599-00-03 (3604) Fax: (+994 12) 599-00-04

Mob: (+994 55) 2247234

Be aware that according to the decision of the Cabinet of Ministers of the Republic of Azerbaijan, individuals older than 18 are required to have a 'COVID-19 passport' (two full doses), confirming vaccination against COVID-19 or immunity to COVID-19 in order to be able to enter all the public catering establishments, hotels and large shopping centers.

All Port of Baku events are held in strict compliance with the special guarantine regulations imposed by the Government of Azerbaijan.

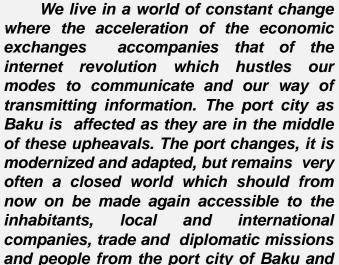


# Introduction





all over the Azerbaijan.



## WHY

## WE NEED IT



At the same time, cities struggle to define themselves and compete in national and international stages to attract capital, inhabitants and socio-cultural resources. The interaction between them is a two-way street, in which both have to be open to give and receive inputs for their mutual development. In this context we can see that, in the relation between city and port, local and international business community members (companies, chambers of trade), the citizens play an increasingly important role.

Further on, in the last ten years we have assisted to significant changes in our society. The communication between individuals and institutions has mutated from official channels to the informal social networks. The available knowledge has increased exponentially and the general curiosity about the world we live in has grown to unprecedented levels. All these changes have affected the port-city-businesses-citizen relation, evolving from static positions to dynamic interactions.



In this context Baku International Sea Trade Port (Port of Baku) is convinced that the Team Building International concept which is the product of Port of Baku International Cooperation Department has become a formidable tool in the search of appropriation of the port by the business community in face of and the development of a more sustainable relationship between port and local, international companies, trade and diplomatic missions for the better networking, cooperation and communication.

In the frames of "Port Community Care" project which aims to strengthen bilateral ties of cooperation and networking between the Port of Baku and the members of local and international business community we are planning to conduct "Corporate Kitchen" Team Building on each Saturday and Sunday in Shamakhi region of Azerbaijan.

Team Building aims to bring together best Chef of Azerbaijan of local cuisine, a member of Azerbaijan Culinary Specialists Mr. Vusal Talibzade and different corporate teams of international and local organizations, chambers of commerce, businesses elite in order to create a platform for communication and cooperation by using the art of cooking. This overnight stay hybrid Team Building program will combine corporate and communication activities together with cooking and create the platform for business networking between the business elite of Azerbaijan and Baku International Sea Trade Port.

Saturday	
10:00	Departure
13:00	Port of Baku (Baku Office Front) Arrival to Shamakhi Palace Hotel (5*)
13:00-14:00	Lunch in the Shamakhi Palace Hotel (5*)
14:00-15:00	Registration and reception
15:00-16:00	"Corporate Kitchen" Session1 (15 small and large communication and cooperation interactive games) (Photo 1)
16:00-16:15	Tea and coffee break
16:15-17:00	"Corporate Kitchen" Session 2 (10 small and large communication and cooperation interactive games) (Photo 2)
17:00-18:00	Quadracycle drive activities
18:00-21:00	Master Class on culinary cooking with Chef Vusal Talibzada (Honored member of Azerbaijan Culinary Specialists Association)
21:00-22:00	Dinner in the Shamakhi Palace Hotel (5*)
22:00-23:00	Degustation of Meysari Wines near the fire (Chestnut and marshmallow cooking included)

Bowling tournament

Discotheque

23:00-24:00

01:00-02:00



Please, be ready to leave back to the capital city of Baku

the Shamakhi Palace Hotel (5\*)

12:00



# Cooperation and communication games and activities will be dedicated to

02

04

03

05

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#### Body Language and Presentation skills <-----

The ability to interpret body language is a skill that will enhance anyone's career. Body language is a form of communication, and it needs to be practiced like any other form of communication. Whether in sales or management, it is essential to understand the body language of others and exactly what your own body is communicating for business presentations.

#### **Conflict Management**

Managing Difficult Conversations requires specialized knowledge and skill development because they are tough to handle without it. During this training course, participants develop an understanding of where, when, why and how to conduct difficult conversations.

#### 

Employee Motivation is becoming ever more important in the workplace and everyone agrees that a motivated workforce is far more likely to be a successful workforce. The happier and more profe ssional an employee is, the better the results they will deliver for you.

#### Emotional Intelligence

Emotional intelligence (EI), emotional leadership (EL), emotional quotient (EQ) and emotional intelligence quotient (EIQ), is the capability of individuals to recognize their own emotions and those of others, discern between different feelings and label them appropriately, use emotional information to guide thinking and behavior, and manage and/or adjust emotions to adapt to environments or achieve one's goal(s).

#### **Change Management**

Managing Difficult Conversations requires specialized knowle dge and skill development because they are tough to handle without it. During this training course, participants develop an understanding of whe re, when, why and how to conduct difficult conversations.





## Skills Development





#### Communication

- 1. Get to know one another
- 2. Optimize employee recognition
- 3. Improve leadership skills
- 4. Improve communication
- 5. Increase employee dedication to the companies' growth and success

#### Cooperation

- 1. Create a positive energy within the team and company
- 2. Identify the strengths of each member in the team
- 3. Creates a sense of belonging
- 4. Encourage collaboration in the team
- 5. Increase trust amongst the team members
- 6. Encourage team strategy



#### **Motivation**

- 1. Mobilize and tighten team spirit
- 2. Find creative solutions
- 3. Build productive teams
- 4. Improve motivation
- 5. Optimize teamwork
- 6. Reduce stress





# Team Building Venues



### **Shamakhi Palace Hotel**

for overnight stay











## MASTER CLASS





CHEF VUSAL TALIBZADE

A member of Azerbaijan

Culinary Specialists Association

